

TASTE OF Wellington West

IN SUPPORT OF PARKDALE FOOD CENTRE

FIND YOUR TASTE!

This year, our restaurants and shops will offer food samples at staggered times starting at 11:00am.

PRESENTED BY Mann lawyers



TASTE SAMPLES OFFERED	
11:00 AM	
2 Wellington Butchery	25 ORESTA Organic Skin Care Apothecary
5 Arc of Life Chiropractic & Natural Health	27 Giant Tiger
10 Thyme & Again Take Home Food Shop	29 Marché Hintonburg
17 Parkdale Food Centre	32 Les Moulins La Fayette
19 Morning Owl	34 Hello Dolly Pastries
21 Salvation Army Ottawa Grace Manor	35 Motif
22 NU Grocery	39 Hintonburg Flower Pop-Up
12:30 PM	
1 Stofa Restaurant	20 Wellington West Retirement Community
3 Pubblica	23 Sharpfle Waffle
4 Wine Rack	28 La Bonita Restaurant
7 Herb & Spice Food Shop	30 Hintonburg Public House
9 The Recollective Second Hand	33 Tooth and Nail Brewing Company
11 Paradise Poké	38 Holly's Hot Chicken
15 Stubbe Chocolates	40 Tinseltown
18 Merry Dairy	41 Marie Antoinette & Co.
2:00 PM	
6 Parma Ravioli	31 The Senate Tavern on Wellington
8 Aurelius Fine Olive Oils & Balsamic Vinegars	33 Tooth and Nail Brewing Company
12 Yuzumi	37 Maker House
13 The Momo Spot	36 Flamingo Boutique
14 The Royal Oak	42 Suya Palace
16 Absinthe	43 Chippers Bakery
24 Sushi-Ro	
26 BiBi's Middle Eastern Restaurant	
SIDEWALK SALES, DISPLAYS, AND MORE	
1 The Kitchissippi Museum	26 Upliva Sauna & Steam
2 Wellington Butchery	27 Ottawa West Community Support
3 Wine Rack	28 NU Grocery
4 Herb & Spice Food Shop	29 Sharpfle Waffle
5 Boomerang Kids	30 Sutton Group
6 Little Jo Berrys	31 The Spaniel's Tale
7 Aurelius Fine Olive Oils & Balsamic Vinegars	32 ORESTA Organic Skin Care Apothecary
8 Allegro	33 The Cat's Meow Hair
9 Victoire Boutique	34 The Aesthetic Lounge
10 Wellington Vision Care	35 The Record Centre
11 Studio Me	36 Hintonburg Economic Development Committee
12 The Recollective Second Hand	37 Hintonburg Community Association
13 Flock Boutique	38 Hintonburg Community Centre
14 On Edge Studio	39 Hintonburg Public House
15 Muriel Dombret [CLOTHES]	40 Maker House Co.
16 Hintonburg Pottery	41 Motif
17 Great Escape Outfitters	42 Flamingo Boutique
18 Kayla's Dog Grooming	43 Wild Willy's Plants and Flowers
19 Parkdale Food Centre	44 Hintonburg Blooms Market
20 Morning Owl Parkdale	45 Quick Cranks
21 The Carleton	46 Urban Art Collective
22 World of Maps	47 Restore Health & Wellness
23 Wellington West Retirement Community	
24 Salvation Army Ottawa Grace Manor	
25 PranaShanti Yoga Centre	

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Find the full schedule at WELLINGTONWEST.CA/TASTE2022